

# The Next Step: Heal Your Heart

## Confronting the Effects of Post-Traumatic Stress and Long Term Unresolved Loss on Our Families and Community as the Result of Residential Schools

**February 4-6, 2014 • Sandman Hotel West Edmonton • Edmonton, AB**

The Residential School Experience has left many filled with anger, fear, resentment, a loss of trust, and feeling unsafe in their own Communities. This unresolved grief disconnects our mind, body and spirit; it drains our energy, and brings conflict into our relationships.

Courageously, many have shared their stories and connected with others with similar experiences. Sharing may be helpful for a short time, but it does not resolve the long term pain and anger. Resolution is a skill that must be learned. It is a learning that will last a lifetime. These skills can be easily repeated over and over again. In fact these skills can be passed on to the next generation. The Residential School Experience has harmed many lives. If you are still coping with those negative effects, this Workshop is for you.

Edu-Therapy™ Solutions invites you to participate in “The Next Step: Heal Your Heart” at the Sandman Hotel West Edmonton in Edmonton, AB, and learn about pain resolution, dealing with the physical, emotional and spiritual aspects of loss.

### ***A Clear Path to Finding Peace Within***

- **Identify** what is actually causing the pain
- **Resolve** the ripple effect of grief and loss within relationships
- **Overcome** the sense of powerlessness, loss of identity and loss of self
- **Resolve and improve** relationships with others
- **Learn tools** to help move your life forward

**For more information or to register:**

**Toll Free: 1-866-496-3085 Ext.201**

**Fax: 1-866-496-8068**

**Email: [HealYourHeart@GoToRegister.ca](mailto:HealYourHeart@GoToRegister.ca)**

**Web: [www.GoToRegister.ca/HealYourHeart](http://www.GoToRegister.ca/HealYourHeart)**

*\*If you are a caregiver or treatment provider working with Residential School Victims and wish to participate in experiential training Certification, please visit our website for details at [www.GoToRegister.ca/HealYourHeart](http://www.GoToRegister.ca/HealYourHeart)*

Supporting  
Sponsor



# FAX-BACK REGISTRATION 1-866-496-8068

The Next Step: Heal Your Heart • February 4-6, 2014 • Edmonton, AB  
“Confronting the Effects of Post Traumatic Stress & Long Term Unresolved Loss on Our Families and Community as the Result of Residential Schools”

## PERSONAL INFORMATION (One form per person please)

Page 2 of 2

Full Name \_\_\_\_\_

Organization/ Company \_\_\_\_\_

Address \_\_\_\_\_

City/Town \_\_\_\_\_ Prov/Terr \_\_\_\_\_ Postal Code \_\_\_\_\_

Tel. (Work) (\_\_\_\_) \_\_\_\_\_ Ext \_\_\_\_\_ Tel. (Home) (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

- I attended a Residential School       I have a family member(s) who attended a Residential School  
 Other \_\_\_\_\_

## REGISTRATION FEES

Fee includes Workshop materials; daily morning refreshments and light snacks, afternoon refreshments and light snacks, Certificate of Participation upon completion of the program.

Please select below:

\_\_\_\_\_ Individual Rate (1-3) ..... \$995 + Taxes\*

\_\_\_\_\_ Group Rate (3 or more) ..... \$795 + Taxes\*

\*If you are GST Exempt, please provide your GST number:

\_\_\_\_\_

**ACCOMMODATIONS** - Sandman Hotel West Edmonton  
17635 Stony Plain Rd, Edmonton, AB T5S 1E3  
Toll Free: 1-800-726-3828

**TERMS & CONDITIONS** - Advance registration is required by fax, email, or online. Seating for this program is limited. Registrations will be processed on a first come, first served basis and must be paid in full prior to commencement of program. Walk-ins will not be acceptable. Given the sensitive nature of topics being covered, late arrivals will not be admitted. Program participants must attend program in its entirety. Participants are responsible for all travel expenses and hotel accommodations. Registration is on February 4 at 7:30am and the program begins 8:30am. Please note the Agenda is subject to change due to unforeseen circumstances of presenters or venue.

**For more information or to register:**  
**Toll Free: 1-866-496-3085 Ext.201**  
**Fax: 1-866-496-8068**  
**Email: [HealYourHeart@GoToRegister.ca](mailto:HealYourHeart@GoToRegister.ca)**  
**Web: [www.GoToRegister.ca/HealYourHeart](http://www.GoToRegister.ca/HealYourHeart)**

## PAYMENT

Total Payable: \$ \_\_\_\_\_

### CHEQUE

Please make payable to “Edu-Therapy Solutions”

• Fax completed form to: 1-866-496-8068

• Mail to: Edu-Therapy Solutions  
188 Charlotteville Rd. West Quarter Line  
St. Williams, ON N0E 1P0  
Canada

### INVOICE

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Email: \_\_\_\_\_

• Fax completed form to: 1-866-496-8068

### PURCHASE ORDER # \_\_\_\_\_

### CREDIT CARD:

Visa       MasterCard

Card Number \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Exp Date \_\_\_\_ / \_\_\_\_ Authorized Amount \$ \_\_\_\_\_

Signature \_\_\_\_\_



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