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# Improving Life in Canada's North

## *Join Us to Explore the Issues*

### Improving Life in Canada's North: Community-Driven Approaches to Aboriginal Youth Health & Wellness

**LIVE 60-MINUTE WEBINAR:  
November 24, 2015 at 3:30 pm ET**

In this webinar, Dr. Gwen Healey, founder and lead researcher for Qaujigiartiit Health Research Centre, will describe and reflect upon community-led interventions to promote health and wellness among youth in Nunavut.

**In this webinar you will learn about:**

- Community perspectives on promoting mental health among youth
- Evaluation of mental health programs using tools which are relevant to the population
- Perspectives from youth, facilitators, and parents who participated in the programs
- How improvements to health and well-being ultimately contribute to community capacity, education, and development

Explore the link between improved health out-comes and advancements in community and individual capacity development, and the long-term benefits of this approach.



Dr. Gwen Healey was born and raised in Nunavut and is an epidemiologist and public health researcher. Gwen's doctoral work focused on collecting youth and parent perspectives on sexual health and relationships in Nunavut. Gwen is the founder and lead researcher for Qaujigiartiit Health Research Centre.

**Cost to attend: \$149**



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