

ATTENTION: Mental Health and Wellness Caregivers

# Healing Your Heart



*Take some time for "SELF CARE" and sharpen up your Grief Resolution Skills to help your Community*

## 2016 CERTIFICATION TRAINING PROGRAM DATES:

- Toronto, ON: December 4-7, 2015
- Vancouver, BC: January 22-25, 2016
- Ottawa, ON: February 26-29, 2016
- Edmonton, AB: February 26-29, 2016
- Regina, SK: March 4-7, 2016
- Winnipeg, MB: March 18-21, 2016



Canadian owned  
and operated

The Grief Edu-Therapy™ Certification is a unique training program that teaches the specific tools to eliminate the emotional pain of grief. For over 35 years, Eric Cline and his care giving team have been helping grieverers rid themselves of the conflicting emotions and create resolution to their unresolved grief. Edu-Therapy™ provides the most current, effective process for dealing with the pain and conflicting emotions caused by loss. Eric's commitment to research and evidence-based solutions goes far beyond the short term "feel good" approach other workshops offer.

### You will learn:

- Dysfunctional ways people mishandle grief and it's intergenerational effect on Communities
- Emotional damage of rationalization and intellectualization
- Why Denial, Anger, Bargaining, Depression and Acceptance Models are the wrong approach for grieverers
- Learn proper techniques for identifying and resolving loss and relationship conflicts
- Edu-Therapy™ Process formats for individual and group work
- How to expand your caregiving agency using the Edu-Therapy™ Process
- How to resolve cumulative unresolved issues such as PTSD and the Residential School Experience, abuse and trauma

### Already a Certified Edu-Therapy™ Specialist?

Our program evolves, and although we provide you with the most current leader guides at no charge, with any participant workbook orders, a refresher program gives you the opportunity to experience the personal growth component the program offers. This experience, without a doubt, breathes new life and excitement for the program. You also have the opportunity to network with other Certified Specialists and our own Edu-Therapy Trainers. We always allow time for question and answer forums where you can gain valuable insights into program delivery, marketing or general information that will continue to develop your skills as an Edu-Therapy Specialist.

**Register today!**  
**Programs fill up quickly.**

For more information or to register:

Toll Free: 1-866-476-0209

Fax: 1-866-430-8296

Email: [Grief@GoToRegister.ca](mailto:Grief@GoToRegister.ca)

Web: [www.GoToRegister.ca/Grief](http://www.GoToRegister.ca/Grief)

**SAVE 50% OFF**  
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**For details or to register: [www.GoToRegister.ca/Grief](http://www.GoToRegister.ca/Grief)**



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