

Please make copies and post on your Community Bulletin Board



She Works

Readiness

Training

Series

1. Career Builder

A five-day immersion training series to prepare Aboriginal women in their community to apply for a WBF program. Includes:

- Information Session and Career Decision Making Workshop
- Opportunities in construction, mining and oil & gas industries
- Math Instruction - preparing for WBF entrance exams
- Workplace Culture Awareness™
- Filling out the application to WBF programs
- Career Investigation Report - guest speakers
- WBF Assessment Success - assessments on-site
- Self-discovery - making healthy choices
- Barriers to Success - action and readiness planning
- Resume writing support
- Overcoming your fears and building your courage to make change
- Prepare for the WBF Interview process - improving your communication skills

2. Career Essentials

A two-day comprehensive training series to prepare Aboriginal women in their community to apply for a WBF program. Includes:

- Opportunities in construction, mining and oil & gas industries
- Career Decision Making Workshop
- Workplace Culture Awareness™
- Math Practice - preparing for WBF entrance exams
- Barriers to Success - action planning
- Resume writing exercises, interview skills and communications
- Applying to WBF programs review
- Career Investigation Reports - overview
- Sharing Circles - overcoming fears & build courage to make change

WBF™ Women Building Futures
Work Proud

To schedule a training series for your community (all programs are available) or to register for an Edmonton Workshop, please contact Corey Wells, Aboriginal Engagement Advisor:

Toll Free: 1-866-979-4434 Ext.2027

Fax: 1-866-979-3514

Email: WomenBuildingFutures@GoToInfo.ca

Web: www.GoToInfo.ca/WomenBuildingFutures

3. Career Basics

January 14, 2016 - 9:00 am - 3:00 pm (Edmonton)

February 17, 2016 - 9:00 am - 3:00 pm (Edmonton)

March 29, 2016 - 9:00 am - 3:00 pm (Edmonton)

A one-day training workshop to prepare urban Aboriginal women to apply for a WBF program. Includes:

- Opportunities for women in construction, mining and oil & gas industries
- Career Decision Making Workshop
- Workplace Culture Awareness™
- Application support to WBF programs
- Career Investigation Report - support
- Barriers to Success - action planning

4. Academic Readiness

February 29, 2016 - March 24, 2016 (Edmonton)

May 2, 2016 - May 27, 2016 (Edmonton)

A four-week academic upgrading course to prepare Aboriginal women to write the Pre-apprenticeship, Category B Trade Entrance Exam to qualify for a WBF program. Includes:

Mathematics

- Calculator Skills
- Fractions
- Imperial System
- Ratio & Proportion
- Number Concepts
- Convert Decimals to Feet & Inches
- Metric System & Metric Conversions
- Percent

Science

- Matter
- Simple Machines
- Density
- Heat/ Temperature
- Pressure
- Electricity

5. Application Solutions

January 21 to 22, 2016 - 9:00 am - 3:00 pm (Edmonton)

February 18 to 19, 2016 - 9:00 am - 3:00 pm (Edmonton)

March 30 to 31, 2016 - 9:00 am - 3:00 pm (Edmonton)

A two-day workshop to assist Aboriginal women who have applied for a WBF program and been unsuccessful. Includes:

- Application Review
- Increase Readiness
- Recognizing and Overcoming Barriers